

Grocery List

Ritz Crackers
 Turk/Veggie Pepperoni
 Cheese cube/Slice
 Baby Carrots
 Oreos/CC Cookies

Lunchable Box

| | |
|---|----------------------|
|  | Carrots |
| | Mini Cookies / Oreos |




Prep Needed

Slice cheese from block
 Pack Lunch!

Grocery List

Ground Beef /TVP
 Shredded Cheese
 Lettuce
 Scoop Chips
 Gushers/Fruit snacks

Mini Taco Box

| | | |
|--|--|--------------------------|
|  |  | Scoop Chips or Tortillas |
|  | | Fruit Snacks/ Gushers |



Prep Needed

Cook ground beef
 Left over from tacos!
 Heat taco meat @ School
 Pack Lunch!

Grocery List

Mini pancakes/Mix
 Turkey/Veggie Sausage
 Grapes
 Breakfast bars
 Syrup
 Nutella

Pancake Box

| | | |
|---|---|---------------|
|  |  | Grapes |
| | Turkey Sausages | Breakfast Bar |


Prep Needed

Make Mini pancakes
 Syrup in container with lid
 cook sausage
 Heat @ school
 Pack Lunch!

Grocery List

Waffles
 Strawberries
 Whip Cream
 Syrup
 Yogurt

Waffle Box

| | | |
|--|--|---------------------|
|  |  | Strawberries Sliced |
|  | | Yogurt |

Prep Needed

Slice Strawberries
 Add papertowel
 Heat @ School
 Pack Lunch!

Grocery List

Bread
 Peanut Butter
 Jelly / Nutella
 Cinnamon Sugar
 Chips
 Cuties

PB&J / Cinnamon/Nutella Sandwich Box

| | |
|---|--------|
|  | Chips |
| | Orange |



Prep Needed

Make Toast
 Make sandwich cut in half
 Pack Lunch!

Grocery List

Cucumbers
 Deli Turkey/Veggie
 Apples
 Pretzle/Chips
 Cheese Cubes
 Salt/Pepper

Cucumber Sandwich Box

| | | |
|---|--|----------------|
|  |  | Chips/Pretzels |
| | | Apple Slices |

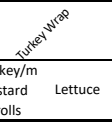
Prep Needed

Slice cucumbers
 Make Sandwiches
 Cube Cheese
 Slice Apples
 or leave whole
 Pack Lunch!

Grocery List

Tortillas Chips
 Deli Turkey/Veggie
 Lettuce
 Shredded Cheese
 Strawberries
 Mayo/Mustard/Ranch

Turkey Wrap/Roll Box

| | | |
|-----------------------|---|-------------|
| Jasmine |  | Stawberries |
| Aurora Turkey/mustard | Lettuce | Chips |

Prep Needed

Shred or cut cheese
 Shred or leaf lettuce
 Make wrap/Cut in half
 Make Turkey Rolls
 Pack Lunch!

Grocery List

Beef Lil Smokies
 BBQ Sauce
 Blueberries
 Raspberries
 Chips

Little Smokies BBQ Box

| | |
|---|-------------------------|
|  | Chips/Pretzels |
| | Raspberries/Blueberries |


Prep Needed

Heat smokis @ School
 Pack Lunch!

Grocery List

Beef Salami
 Crackers/Chips
 Cheese Block
 Strawberries
 Oragnes Cookies
 Grapes

Meat/Cheese Snack Box

| | |
|--|---------------------------------|
|  | Strawberreis / Oranges / Grapes |
| | Mini Cookies / Oreos |


Prep Needed

Slice Salami
 Cube cheese
 Pack Lunch!

Grocery List

Beef/Turk Hot Dogs
 Crescent Rols
 Cucumbers
 Cookies
 Ranch/Ketch/BBQ

Pigs in Blanket Box

| | |
|--|-----------|
|  | Cucumbers |
| | Cookies |


Prep Needed

Wrap Hot dogs in crescent rolls and bake
 Slice cucumbers
 Heat @school
 Pack Lunch!

Grocery List

Lem Pepper Tuna
 Crackers or Chips
 Cheese Cubes
 Grapes/oranges
 Kisses/Candy

Tuna Box

| | |
|---|----------------|
|  | Crackers/Chips |
| | Grapes/Candy |

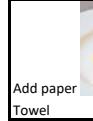
Prep Needed

Cube Cheese
 Pack Lunch!

Grocery List

Turkey Ham/Veggie Cheese?
 Eggs
 English Muffin
 Grapes
 Orange

Breakfast Sandwich Box

| | |
|---|---------|
|  | Grapes |
| Add paper Towel | Oranges |

Prep Needed

Fry Egg
 Cook Ham
 Make Sandwich
 Heat @ School
 Pack Lunch!

Grocery List

Muffins
 Turkey Bacon/sausage
 Banana
 Yogurt
 Fruite Leather

Mini Muffin Box

| | |
|---|----------------------|
|  | Banana/Fruit Leather |
| | Yogurt |

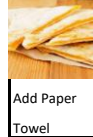
Prep Needed

Make or Buy Muffins
 Cook bacon/Sausage
 Pack Lunch!

Grocery List

Tortillas
 Cheese
 Peppers
 Sour Cream
 Candy/Cookies

Quesadilla Box

| | |
|---|----------------|
|  | Sliced Peppers |
| Add Paper Towel | Cookies/Candy |




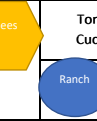
Prep Needed

Make quesadilla in Microwave or Skillet
 Slice Peppers
 Heat @ school
 Pack Lunch!

Grocery List

Grilled Chicken/Veggie
 Lettuce
 Cheese
 Cherry Tomatos
 Ranch
 Cookies

Grilled Chicken Salad

| | | |
|---|---|---------------------|
|  |  | Tomatoes/ Cucumbers |
|  |  | Cookies |

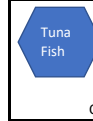

Prep Needed

Grill chicken or buy
 Shred lettuce
 Cube Cheese
 Heat Chick @ School
 Pack Lunch!

Grocery List

Canned Tuna in H2O
 Mayo
 Dill relish
 Crackers
 Apples

Tuna Fish/Crackers Box

| | | |
|---|--|---------|
|  |  | Apples |
| | Crackers | Cookies |



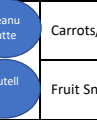
Prep Needed

Make Tuna Fish
 Cut Apple
 Pack Lunch!

Grocery List

Apples
 Peanut but/Nutella
 Carrots
 Cucumbers
 Fruit Snacks

Fruit & Veggie Box

| | | |
|---|---|--------------------|
|  |  | Carrots/Cucumbers |
| |  | Fruit Snacks/Candy |

Prep Needed

Slice Apples
 Slice Cucumbers
 Pack Lunch!

Grocery List

Tortillas
 PB/Nutella
 Jelly
 Bananas
 Yougurt Raisens
 Chips/Crackers/Pretz

PB&J / Nutella Roll

| | |
|---|------------------------------|
|  | Yogurt Raisens/ Fruit snacks |
| | Chips/Crackers/Pretz |

Prep Needed

Make roll with PB/Nute
 Slice bananas thin
 add banans and roll
 Pack Lunch!

Grocery List

Deli Turkey/Veggie
 Bread Chips
 Cheese Gushers
 May/Mustard
 Lettuce
 Black Olives

Turkey Sandwich Box

| | |
|---|---------------|
|  | Chips |
|  | Candy/Gushers |

Prep Needed

Make Sandwich
 Cut in half
 Open Olives
 Pack Lunch!

Grocery List

Rice Seaweed
 Cucumber
 Tofu
 Soy/Terikayi Sauce
 Orange Carrott
 Cookies

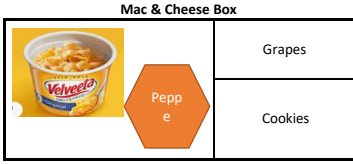
Sushie Box

| | |
|--|------------------|
|  | Oranges/Carrotts |
|  | Cookies |

Prep Needed

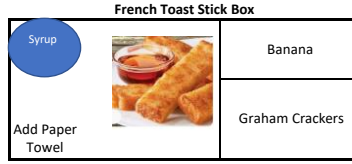
Cook rice, salt, sugar
 & Rice Vinegar
 Cut thin strips of tofu
 & cucumber. Roll
 Pack Lunch!

Grocery List
 Indiv Mac & Cheese
 Turkey Pepperoni
 Grapes
 Cookies



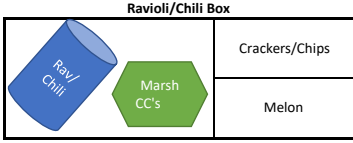
Prep Needed
 Add water @ school & Cook
 Heat @ School
 Pack Lunch!

Grocery List
 French Toast Sticks
 Syrup
 Banana
 Graham Crackers



Prep Needed
 Bake or toast the french toast sticks.
 Add papertowel
 Heat @school
 Pack Lunch!

Grocery List
 Ravioli/Chili
 Chips/Crackers
 Melon
 Marshmallows
 Chocolate Chips



Prep Needed
 Heat pasta & put into thermos
 Pack Lunch!

Grocery List
 Cinnamon Rolls
 Grapes
 Yogurt
 Veggie Links



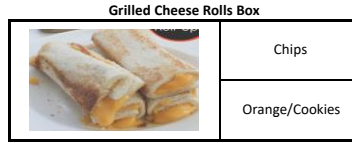
Prep Needed
 Bake Cinnamon rolls or buy
 Add papertowl for Sausage links
 Pack Lunch!

Grocery List
 Boiled Eggs
 String Cheese
 Apples
 Peanut Butter
 Chocolate Chips



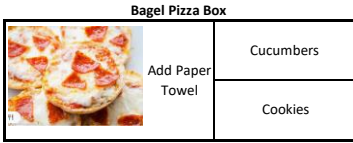
Prep Needed
 Boil eggs, cool, half remove yolk if want
 Pack Lunch!

Grocery List
 Bread Butter
 Cheese Slices
 Chips
 Oranges
 Cookies



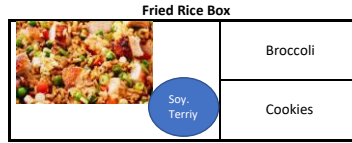
Prep Needed
 Use skillet to toast bread and melt Cheese....Roll
 Pack Lunch!

Grocery List
 Mini Plain Bagel
 Pizza Sauce
 Turk/Veggie Pepperoni
 Mozz Cheese
 Paper towel/Napkin
 Cucumbers: Cookies



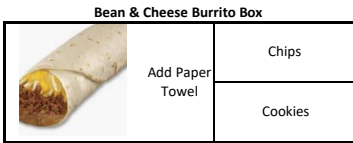
Prep Needed
 Cut bagels in half
 Bagle bite toppings
 Heat @ school on papertowl
 Pack Lunch!

Grocery List
 Chicken Fried Rice
 Broccoli
 Cookies
 Soy sauce



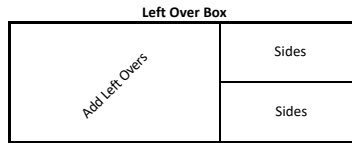
Prep Needed
 Pack Lunch!

Grocery List
 Refried Beans
 Shredded Cheese
 Tortillas
 Taco Seasoning
 Chips
 Cookies/Candy



Prep Needed
 Spread beans on tortilla, sprinkle taco seasoning & Cheese.
 Roll
 Heat @school
 Pack Lunch!

Grocery List



Prep Needed
 Pack Lunch!